

GFF Gynecological Health Camp

Teen Gharey, Kavre

19.06.19

With the support of:

Mediciti Hospital
Child Development Society
Panchkhal Municipality



Gynecological Health Camp

In numbers:



2
Doctors



115
Women
treated



6
Nurses



2
Towns
reached



10
Volunteers



6+
Types of
illnesses
treated





Project Results

Planning and Logistics:

During previous discussions with the women in Kavre, it became apparent that there was a great need for health care in the region, and specifically women's health. There had not been a health camp in a few years, and many women were suffering without treatment as the closest hospital was too far away to access.

In response to this problem, GFF, with the generous help and support from Panchkhal municipality, Child Development Society and Mediciti hospital, organised a Gynecological Health Camp for the women of Teen Gharey and Jareytar.

Implementation:

A two jeep convoy left Kathmandu early on the 19th of June, picking up medical supplies, medicines, a pharmacist, two doctors, six nurses and ten volunteers, and made its way to Kavre. The camp was held in the local primary school, Shri Janbhavana Aadhar Bhodd Vidhyalaya. In total, 115 women came to be treated from the nearby towns, two women even walked from Namobuddha (two hours away) to be treated at the Health Camp.

Each woman registered, had their blood sugar, blood pressure and weight checked and recorded. Each woman then had a one on one consultation with a Gynecologist and a nurse in a private room for a check up and to discuss any health problems they faced. After, they were provided with the relevant medicines by the pharmacist at the camp. For the few cases that were serious and required referrals, the health officers from the local government will follow up with the relevant women.

Future considerations:

Some of the women were hesitant to discuss their health problems with the Doctors, as socially there is a lack of awareness and understanding in the community about the importance of health care, and its benefits.. However, 115 women coming to receive a check up is a great turn out, and indicates that if a camp is run again there will be a better understanding of the purpose of the Health Camp, and hopefully we can build on the foundations built by the Gynecological Health Camp. Similarly, it was incredibly helpful to build professional relationships with the Panchkhal municipality and Mediciti Hospital, and hopefully we can work with them again in the future to conduct a general health camp for the men, children and women of the Kavre region.

